

TELECLASS SERIES: Compulsive Sexual Behaviors and Their Treatment

WHEN SEX INTERFERES WITH YOUR RELATIONSHIP

With Joe Kort and Tammy Nelson

**PART ONE – INTRODUCTION:
INTERNET PORN = ADDICTION, INFIDELITY
or RECREATION**

In this course we'll explore a differentiated view of pornography use, assessing for addiction and compulsive use, as well as defining when porn is used as recreation and its possible meanings in different relationships, of all sexual orientations. We will define monogamy, fidelity and exclusivity as it relates to pornography use in couples and look at the pathological perspective of pornography use as it desensitizes and/or traumatizes viewers. We will also see how porn can re-eroticize relationships when there has been erotic neglect. Participants will learn the three reasons people go on the internet to look at porn and will find ways to assess, treat and intervene when porn is a problem.

TELECLASSES ARE ON-THE-PHONE CLASSES – YOU DO NOT NEED TO JOIN LIVE – YOU WILL RECEIVE A RECORDING OF THE CLASS TO LISTEN ON YOUR OWN TIME



WHEN: Dec 7, 2009 • 1pm to 2pm EST COST: \$25

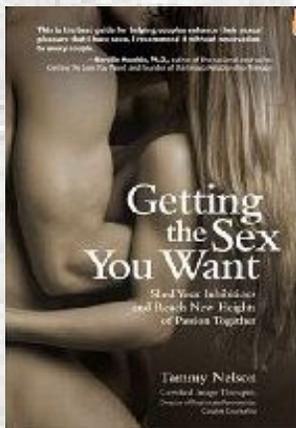
To REGISTER:

Go to <http://www.tammynelson.org/events/> to pay by MC/Visa and receive the info to join the class

NOTE: CEs are not available for this intro class



This course is an Introduction to a Teleclass series which will include more in-depth teleclasses on Pornography, Internet Addiction, Sex Addiction, Affairs and Fantasies and Fetishes. Classes will include didactic material, experiential exercises, and clinical applications, as well as on phone, online and email conversations with presenters and participants.



Tammy Nelson is a Certified Sexologist, a Licensed Professional Counselor, a Certified Imago Therapist and the author of *Getting the Sex You Want: Shed Your Inhibitions and Reach New Heights of Passion Together*, and lectures and trains internationally on sex and relationships. Tammy is the founder and Director of the Center for Healing in Connecticut and the sex expert at the Mayflower Spa in Washington. www.TammyNelson.org

Joe Kort, LMSW, is a psychotherapist and Board Certified Sexologist who specializes in sexual identity issues, IMAGO relationship therapy, sex therapy and sexual addiction. He is the author of two books on gay male identity and relationships, *Gay Affirmative Therapy for the Straight Clinician* and has a chapter for female partners who are involved with men who have sex with men in *Mending a Shattered Heart*. He provides workshops for gays and lesbians as well as trainings for straight clinicians around the country. www.joekort.com

